

THE FIRST SUNDAY IN LENT

February 18, 2018

*Behold, now is the day of salvation;
O come let us worship!*

8:30 a.m. – Morning Prayer:

✠ Psalm 38 | Genesis 29:1-20 | Hebrews 4:14-5:10

9:00 a.m. – The Holy Eucharist

Introit: Psalm 91:1-8:	<i>page 448</i>
The Ten Commandments:	<i>page 68</i>
<i>The Gloria is omitted during Lent</i>	
The Collect:	<i>page 140</i>
The Old Testament Reading:	Genesis 3:1-6
Salvator Mundi:	<i>please see the bulletin insert</i>
The Epistle:	<i>page 140</i>
Gradual: Psalm 91:9-16:	<i>page 448</i>
The Holy Gospel:	<i>page 141</i>
The Creed:	<i>page 71</i>
The Homily	
The Prayers of the People:	L: Lord, in thy mercy; C: Hear our prayer

9:45 a.m. – Sunday School: Parish Hall Time with Fr. Stockall

10:30 a.m. – The Holy Eucharist

♪♪ PROCESSIONAL HYMN:	105 (Heinlein)
The Ten Commandments:	<i>page 68</i>
<i>The Gloria is omitted during Lent</i>	
The Collect:	<i>page 140</i>
The Old Testament Reading:	Genesis 3:1-6
♪♪ SALVATOR MUNDI:	<i>please see the bulletin insert</i>
The Epistle:	<i>page 140</i>
♪♪ GRADUAL HYMN:	500 (Song 46)
The Holy Gospel:	<i>page 141</i>
The Creed:	<i>page 71</i>
The Homily	
♪♪ OFFERTORY HYMN:	802 (The Solid Rock)
The Prayers of the People:	L: Lord, in your mercy; C: Hear our prayer
The Consecration:	<i>page 82</i>
♪♪ HYMN DURING COMMUNION:	221 (Unde et Memores)
Post-Communion Prayer:	<i>page 85</i>
♪♪ RECESSIONAL HYMN:	593 (Rockingham)

*Please join us in the Parish Hall
following the 10:30 Celebration for
Coffee & Conversation.*

✱

From the Rector _____

Once a man was asked, 'what did you gain by regularly praying to God?' The man replied, 'nothing... but let me tell you what I lost: anger, ego, greed, depression, insecurity, and fear of death.' Sometimes, the answer to our prayers is not gaining but losing; which ultimately is the gain.

The quotation above helpfully captures the role which the Season of Lent plays for us and in us.

Lent is not just a time to give up candy and desserts and other tasty goodies so that we might lose the weight that we gained over Christmas, as laudable as that goal may be.

Lent is a time to work with God's grace to re-shape our entire lives, not just our waistlines or our blood pressure readings. It's a time to walk with Christ to the Cross so that our lives, our words, our actions, our thoughts, our hopes and wishes and priorities, might all be redeemed.

Christ's whole life was lived with an eye to Calvary: every action was shaped by a love that was willing to surrender everything, even life itself, that we might be saved. In every way possible He lived a cruciform life: a life lived in the shape of the Cross; a life of self-giving and sacrifice.

And Lent is our time to work with God to set aside (to 'lose' in the words of the quotation above) all those things which do not resemble cruciform love; and, in the process, to gain our lives.

If you've been doing the exact same thing every year for Lent for many years, giving up or taking on the very same things, it may be time to look at doing something different, to take a step outside your comfort zone. If you do, you may discover something about yourself that you never knew before; and you may discover that a cruciform life is the life you've wanted to live all along.

PLEASE JOIN US FOR THE ANNUAL MEETING of the Parish of St. Mary, York starting at approximately 12:15 p.m., following Coffee & Conversation. All members of the Parish are encouraged to take part in the meeting as we review our work as a Parish in 2017 and make plans for 2018.

COPIES OF THE ANNUAL REPORTS FOR 2017 are available on the table in the Narthex. Every member of the Parish is encouraged to review the report in advance of next week's Annual Meeting. To help save on paper and copying costs, the reports have also been shared via email. If you did not recent a copy in an email and would like one please speak to the Rector.

THE COLDEST NIGHT OF THE YEAR is a nationwide fundraiser for hungry, homeless, and hurting individuals and families across Canada. The Fredericton event is raising funds for Youth in Transition and the John Howard Society of Fredericton; and will be held this coming Saturday, February 24th. Archdeacon Cathy Laskey will be walking as part of the Anglican Energy team; and it would be great to see some support from our St. Mary's Parish family. If you wish to make a donation you can do so through the national website: go to <https://cnoy.org/search> and type Laskey into the search box. To learn more about the local event, so to: <https://cnoy.org/location/fredericton>

Archdeacon Laskey offers the following request: *Please pray for all those in need and for many to help. Thank you and spread the word to encourage others to support this event in their community or team Anglican Energy!*

The Anglican Church of Canada
The Diocese of Fredericton
THE PARISH OF ST. MARY, YORK



Do you want to fast this Lent?

- Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimism and be filled with hope.
- Fast from worries and trust in God.
- Fast from complaints and contemplate simplicity.
- Fast from pressures and be prayerful.
- Fast from bitterness and fill your heart with joy.
- Fast from selfishness and be compassionate to others.
- Fast from grudges and be reconciled.
- Fast from words and be silent so you can listen.

Priest and Rector

The Revd. Canon Kevin M. Stockall, B.A. (Hons), M.Div.

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Parish Notices and Updates

OUR LENTEN FAITH AND FILM series begins tomorrow, *Monday, February 19th*, with a showing of *Queen of Katwe*, a lovely film about a family in Uganda. We plan to start at 7:00 p.m. **at the Rectory**; and for those who can join us, we warmly invite everyone to come along for a light supper of soup and rolls starting each Monday at 6:00 p.m. Our film series will explore the intersection of faith and life, providing a place where we can discover how God's Grace is shaping our own lives. **So, feel free to come along each Monday for supper and a movie; or, if it's better for you, just supper or just the movie!**

DON'T FORGET ABOUT LENT MADNESS if you're looking for fun and informative way to keep the Season of Lent: Peter vs Paul? Isaac watts vs. Catherine Winkworth? John Wesley vs. Edith Cavell? Read and learn and vote for your favourite saints! **Have a look at lentmadness.org**

A NUMBER OF USEFUL BOOKS, in addition to multiple copies of a new Lenten reading guide from Christianity Today entitled *Journey to the Cross*, are available on the table at the back of the Church for any members of the Parish might wish to use as a daily exercise throughout Lent. Have a look to see if there is anything that interests you and, if so, be sure to sign it out. (Please speak to the Rector if there is something else you might like to read).

ST. MARY'S WEEKLY BIBLE STUDY is held every *Friday, starting at 10:00 a.m.* at the Rectory. We're starting new study of the Gospel According to St. Luke. Everyone is warmly invited to join us; and if your schedule only permits you to attend occasionally, please plan to join us when you can.

EACH FRIDAY THROUGHOUT THE SEASON OF LENT, at 7:00 p.m., we pray the *Stations of the Cross*, a quiet reflective service in which we journey through Christ's steps on the road to the Cross. This brief service is an excellent and hopeful mediation on what Christ was accomplishing on our behalf by His sacrificial death and glorious resurrection;

WE'RE ORGANISING ANOTHER WORK PARTY to complete the repairing of our well-used copies of the Prayer Book and Hymn Book on *Thursday, February 22nd* at 9:30 a.m. We'll supply the book tape, with free coffee, tea and muffins, so come along if you want to help.

FOLLOWING UP ON LAST YEAR'S very successful Bowling Tournament, our friends in the Parish of Marysville are challenging the people of St. Mary's, and other neighbouring parishes, to share in their 2nd annual Tournament, this year in support of **Striking out Child Hunger in New Brunswick**. The event will be held on Saturday, April 21st, at Bowl-a-Drome (301 Main Street) starting at 12:30 p.m. It's hoped that St. Mary's can again organise a team, so please speak to the Rector if you're interested. The funds raised at the Fredericton event will go to the Fredericton Community Kitchen to help

with their student hunger programme. To help with organisation, our friends at All Saints' would like to know the names of the participants by the beginning of March. **A signup sheet is available on the table in the narthex. Plan to help make this excellent project a success!**

A CHARITY DANCE, in support of the Fredericton Community Kitchen's "Student Hunger Program", featuring the Chris Mercer Band playing your favourite tunes from the 50's, 60's, and 70's will be held at St. John the Evangelist Church on *February 23rd*, starting at 6:00 p.m. The cost will be \$10.00 per person at the door. Coffee and tea will be available for free; this is a kid-friendly event, so come out and save on babysitting. Strike Out Child Hunger T-Shirts will be available for purchase at this event for \$15; each shirt purchased provides lunch for five children.

ONE EXERCISE THAT SOME CHOOSE TO TAKE on during the Season of Lent is the saying of the **Daily Office**, the day by day praying of Morning and Evening Prayer as set out in the Prayer Book, which can be done by anyone who wants to set aside a little time each day. Please speak to the Rector if you'd like some instruction on how to use the Prayer Book in this way to develop your prayer life.



SCHEDULE OF SERVICES

FEBRUARY 21: ST. MATTHIAS THE APOSTLE (transferred)

6:30 p.m. – Evening Prayer

7:00 p.m. – Holy Eucharist

FEBRUARY 22: LENTEN FERIA

8:30 a.m. – Morning Prayer

Followed by time for personal prayer in the Church

FEBRUARY 23: LENTEN FERIA

6:30 p.m. – Evening Prayer

7:00 p.m. – The Stations of the Cross

FEBRUARY 24: THE SECOND SUNDAY IN LENT

4:30 p.m. – Evening Prayer

5:00 p.m. – Holy Eucharist

FEBRUARY 25: THE SECOND SUNDAY IN LENT

8:30 a.m. – Morning Prayer

9:00 a.m. – Holy Eucharist

9:45 a.m. – Sunday School for all ages!

10:30 a.m. – Holy Eucharist

Followed by Coffee & Conversation in the Hall